

Valley Lutheran High School
August & September 2008 Menu

Cash Lunch \$2.00 With Card \$1.80

Salad Plate Offered Daily

- 25 Pizza or Fish Sandwich; vegetable, fruit, cookie, milk
- 26 Chicken Nuggets or Meatballs; tri tater, vegetable, fruit, milk
- 27 Cheeseburger or French Toast Sticks & Sausage; potato rounds, fruit, milk
- 28 Nachos or Chicken Pasta Salad; vegetable, fruit, milk

- 2 Ravioli or Chicken Wrap; vegetable, fruit, ice cream sandwich, milk
- 3 Chicken Patti or Tuna Pasta Salad; oven fries, vegetable, fruit, milk
- 4 Tacos or Goulash; vegetable, fruit, milk
- 5 Quesadilla or Sloppy Joe; vegetable, fruit, chocolate chip bar, milk

- 8 Taco Salad or Chicken Nuggets; au gratin potatoes, vegetable, fruit, milk
- 9 Spaghetti or Brat; tossed salad, vegetable, fruit, milk
- 10 Hamburger or Sub Sandwich; potato rounds, vegetable, fruit, milk
- 11 Chicken Fajita or Pork Chop; tri tater, vegetable, fruit, milk
- 12 Pizza or Rib E Que; vegetable, fruit, icer, milk

- 15 Quesadilla or Baked Potato & Topping; vegetable, fruit, cake, milk
- 16 Corn Dog Nuggets or Sweet & Sour Chicken; tri tater, vegetable, fruit, milk
- 17 Calzone or Fruit Plate; vegetable, fruit, jello, milk
- 18 Macaroni & Cheese or Hot Dog; vegetable, fruit, pudding, milk
- 19 Chicken Patti or Ham & Cheese; oven fries, vegetable, fruit, milk

- 22 Pizza or Burrito; vegetable, fruit, cookie, milk
- 23 Turkey over Biscuit or Egg, Sausage, Cheese Muffin; mashed potatoes, fruit, milk
- 24 Cheese Sticks or Yogurt & Sandwich; tri tater, vegetable, fruit, milk
- 25 Service Day
- 26 Cook's Choice; vegetable, fruit, milk

- 29 Nachos or Ham, Broccoli, Cheese Pasta Salad; vegetable, fruit, milk
- 30 Spaghetti or Chicken Pita; tossed salad, vegetable, fruit, milk

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